

# Pour it, Paint it and Lift it Materials

This course involves intuitive and spontaneous painting processes. As a result, choices of materials may vary and evolve as you paint. This list of materials is simply a suggestion listing paints and supplies that are helpful to have on hand while working. I may not use all these pigments in the course demonstrations, and you are not required to purchase specific paints for this course. I encourage you to experiment with your own color choices, but if you'd like to know what I'm working with, the list below contains many of the pigments I rely on.

\*There are four pigments by Holbein that I use repeatedly and are essential when doing the matte medium lift out or when I want to mix an opaque at other times. Although they are watercolor, they are extremely opaque.

## Paper

- For this Painting Technique, I encourage Students to use Full Sheets of Hot Pressed watercolor paper. I prefer the 140 lb. paper because the paint doesn't sink in as much. Please work on full sheets, and use a board cut one inch larger all around to use as your paper support. In other words, the dimensions should be at least 24 x 32 inches. This can be Gator Board or a lightweight wooden plywood or similar board.

## Paints

It is important to have a variety of Transparent, Semi-Transparent and Opaque paints. Here are some colors that are helpful to have available in **bold print** you can bring your own favorite colors to work with as well:

- small container of White Gesso
- **Cadmium Yellow Deep or Marigold Yellow or similar**
- New Gamboge
- **Lemon Yellow (or Cadmium Yellow Light) or Hansa Yellow Lt**
- **Dioxazine Violet**
- **Cobalt Violet (red shade of Violet)**
- Permanent Rose
- **Cobalt Blue or Primary Blue**

- **Cerulean Blue** (great for mixing warm grays too!)
- **Ultramarine Blue**

- Indigo
- Manganese Blue(Optional)

- **Phthalo Blue**
- **Pthalo Green**

- **Hookers Green or Viridian**
- **Sap Green**

- Cad Red Lt or Scarlet**

- **Alizarin Crimson**

- **Cad Red Deep, Pyrole or Naphthol Red**

- **Titanium White Gouache**

Optional Colors

- Permanent Rose, Quinacradone Rose or Opera Pink\* (I personally LOVE this Opera Pink!)
- Holbein's Shell Pink\* and Holbein's Peacock Blue
- Thalo Yellow Green
- Holbein's Lilac\*

**POURING CUPS – Please bring 5 – 7 Plastic Beverage Cups to mix paint in and use to POUR**

## Brushes

- Variety of Rounds: #2, #4, #6, #10 #12
- 3/4" Angled Brush
- Variety of Flats: 3", 2" and 1" (synthetic) and important brushes to have. • Large Foam or Acrylic Brush for applying Matte Medium

## Materials

- Paper Towels
- Acrylic Liquid Matte Medium and container for mixing with water ( one that can hold a cup)
- Tissues (for lifting out color if necessary) Kleenex is best because it is sturdier.

- Two Containers filled with water. One for Clean water, one for Dirty
- Wax Paper
- Artist's Tape - Drafting Tape in a couple widths
- 2 B Pencil & Kneaded Eraser
- Carved Linoleum Stamps
- Masking Fluid and Making Lifting Eraser
- Stencils, (Shapes, Textures, Patterns, Numbers and Letters) Photo References and other sources for creating unique shapes.
- Toothbrush or Spatter Screen
- Spray bottle (one that creates droplets)
- Stamps! Several Stamps and sizes. If you can make/carve a couple of your own, that is the BEST – you literally put your unique Stamp on your work. You can buy the Speedy Carve carving block from Speedball that makes carving a lot easier.
- Palette - I'll be using both a John Pike palette and a butcher tray, but you can use anything with a large mixing area.

Butcher Tray for Mixing Colors or similar